



BAKERY CAFE

Bread. The way it ought to be.

Choice of bread: Dakota, Farmhouse White, Honey Whole Wheat, or GlutenX

BREAKFAST SANDWICHES

The perfect spot for breakfast!

The Loaded 670 - 780 cal.\$7.29
 Applewood Smoked Bacon or Ham, egg, swiss cheese, avocado, tomato, and garlic herb spread on your choice of bread.

The Classic 650 - 700 cal.\$6.55
 Applewood Smoked Bacon or ham, egg, aged cheddar cheese, and garlic herb spread on your choice of bread.

Ham & Swiss 620 - 670 cal.\$6.55
 Applewood Smoked Ham, egg, swiss cheese, tomato, and garlic herb spread on your choice of bread.

Smokey Turkey with Avocado 620 - 670 cal. \$6.77
 Honey Smoked Turkey, egg, provolone cheese, avocado and garlic herb spread on your choice of bread.

The Kickstart 690 - 740 cal.\$6.55
 Applewood Smoked Bacon, egg, pepper jack cheese, tomato, and garlic herb spread on your choice of bread.

The Garden Veggie 540-720 cal.\$6.25
 Egg, avocado, tomato, cucumbers with sun dried tomato spread with your choice of bread.

TOAST BAR

Plain Jane\$2.75
 Two slices of fresh baked bread toasted with butter or jam.

Avocado Smash 600 - 660 cal.\$4.45
 Avocado, Red pepper flakes, Malden salt, pepper, and squeeze of lime on our famous Dakota Bread.

Spicy Avocado Smash\$5.95
 Two slices of bread, melted pepper jack cheese with smashed avovado.

Peanut or Almond Butter
 680 - 770 cal.\$5.25
 All-natural peanut butter or Almond Butter, banana, honey, Malden salt on our fresh baked Dakota bread. Add apples 50¢

Cinnamon Toast
 470 cal.\$3.50
 Our popular Cinnamon Chip bread toasted, and house made cinnamon butter.

SEE PAGE TWO FOR HOT SANDWICHES, SALADS, AND MORE!

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

SIGNATURE SANDWICHES

Fresh made with simple ingredients.



Turkey Goddess
 630-690 cal.\$9.19
 Our house-made green goddess dressing drizzled over slices of honey smoked turkey breast and creamy Harvarti cheese. Includes lettuce, tomato, red onions, and salt & pepper mix.



Veggie Baja
 580 cal.\$8.80
 Fresh Avocado, shaved cabbage, picked red onions, tomato, pepper jack cheese, a chipotle honey lime yogurt sauce, and salt & pepper mix.



California Cobb
 540 cal.\$9.29
 Honey smoked turkey breast and bacon topped with a blue cheese yogurt spread, smashed avocado, lettuce, tomato, red onions, salt & pepper mix.



Harvest Veggie
 600 cal.\$8.41
 Fresh pepper rings, cucumber slices, provolone & cheddar cheeses with a sundried tomato pesto. Includes lettuce, tomato, onion, and salt & pepper mix.



Italian
 650 cal.\$9.29
 Apple smoked ham and salami, topped with a roasted red pepper black olive tapenade, and provolone cheese, drizzled with red wine vinaigrette. Served with lettuce, tomato, red onions, and salt & pepper mix.



M'Amy's Pimento Cheese
\$9.35
 Our special pimento cheese sandwich was created by our very own "M'Amy". Topped with bacon, lettuce, tomato, and onion. Served on your choice of bread, Farmhouse White, Honey Whole Wheat, or Crunchy Dakota bread.



Mock Chicken Salad
\$9.07
 Made from cubes of tofu, golden raisins, tart cranberries, sweet & spicy pecans, and our special seasoned mayonnaise, loaded with veggies (red peppers, cucumbers, spinach, red onions, and tomatoes) and choice of cheese.



Baja Chipotle Turkey
 650cal.\$9.29
 Honey smocked turkey breast layered with shaved cabbage, picked red onions, tomato, avocado, pepper jack cheeses a chipotle honey lime yogurt sauce, and salt & pepper mix.



Louisville Chicken Salad
 690-740 cal.\$9.29
 White meat chicken with a seasoned mayonnaise dressing, sweet & spicy pecans, lettuce, tomato, red onion, and salt & pepper mix.

BEYOND FRESH SALADS

The Greatest Thing Since Sliced Bread!



Sesame Chicken Grain Bowl Salad

520 cal. \$9.62

Grilled chicken breast, peanuts, and cashews on mixed greens & cabbage. Tossed with carrots, sesame seeds, toasted wheat, quinoa, and our incredible house-made miso vinaigrette.



Fresh Seasons

370-390 cal. \$9.29

An amazing combination of mixed greens, sliced almonds, sunflower seeds, crumbled feta cheese, and seasonal fresh fruit. Tossed with toasted wheat, quinoa, and our house-made balsamic vinaigrette.



Greek Salad

380 cal. \$9.29

Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette.



Greek Salad with Chicken

380 cal. \$10.45

Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette.



Yardbird Salad

600 cal. \$9.62

Mixed greens, chicken, spiced seeds & nuts, dried cranberries, golden raisins, and Parmesan cheese topped with house-made avocado goddess dressing.

HOT OFF THE GRILL

Get it hot, get it fresh, get it now!



Spicy Apple Bacon Grilled Cheese

670-730 cal. \$9.35

Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.



Best Ever BLT

460-520 cal. \$8.41

Bacon, lettuce, tomato, and mayo between two slices of our grilled, fresh baked bread.



BBQ Chicken Cheddar Melt

600-660 cal. \$9.63

Grilled Chicken Breast, bacon, onions, BBQ sauce, melted cheddar, cheese topped with fresh lettuce, tomato. Barbecue heaven grilled to perfection on the world's best bread.



Grilled Cheese

730-780 cal. \$7.64

Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham \$1.50, crispy bacon \$1.50, tomato no cost.

CLASSIC SANDWICHES *Beyond Fresh.*

All Classic Sandwiches served with choice of fresh baked bread, choice of cheese, mayo, Dijon mustard, lettuce, tomato, onion and salt & pepper mix.



Turkey & Cheese

600-680 cal. \$8.64

Ham & Cheese

610-690 cal. \$8.41

Roast Beef & Provolone

600-680 cal. \$9.18

COMBOS *Make it a meal.*

Add Chips and a Bottled Drink \$3.50

Add Chips and a Iced Tea \$3.00

DRINKS *Bottled water, coffee, tea, and specity drinks available in the cooler.*

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